#### THE CENTER FOR ASSISTED LIVING

# HARBOR'S

Whatever moves you.

When you or your loved one needs compassionate care, Harbor's Edge is here for you. We are redefining the meaning of assisted living by creating an exceptional community—one that is focused on personalized support, outstanding comfort, and unparalleled service across all levels of care.

Here, we welcome each person like family.

NOW ACCEPTING DIRECT ADMISSIONS

Harbor's Edge Assisted Living is super and the food is tremendous. Camaraderie is splendid between the staff and residents. My experience has been great and there is a variety of things to do. We have the freedom of movement and the nursing staff is exceptional.

Peter Fullinwider



### CHOOSE Assisted Living At Harbor's Edge

If you or your loved one is considering assisted living, our Harbor's Edge staff is here to help you learn more. We're happy to provide additional information about our high standard of care, and to discuss how our amenities and programs can be personalized to meet your specific physical, social, and emotional needs.



## WELCOMING ACCOMMODATIONS

Our assisted living apartments are bright and comfortable, with spacious rooms that residents can make their own.

- Private one- or two-bedroom suites available, each featuring a bathroom, living room, and kitchenette
- Beautiful water views and courtyard access in select suites
- 3 chef-prepared meals daily, plus snacks
- Light housekeeping
- Cable and utilities included, with the exception of personal phone services

### EXCEPTIONAL Amenities

We focus on the whole person, and we offer a variety of well-rounded activities to encourage social, educational, spiritual, and emotional well-being.

- Frequent planned outings with group transportation to special events
- Social programs featuring musical entertainment, art classes, flower design, and more
- On-site beauty salon with nail care and barbershop services available
- Fitness and wellness programs

## PERSONALIZED HEALTHCARE

We create unique daily care plans for each resident, emphasizing physical health, nutrition, and social engagement.

- On-site medical services—Led by a medical director and specialists associated with Mid-Atlantic Long-Term Care
- Professional and licensed 24-hour team members—RNs, LPNs, RMAs, and CNAs
- Emergency response system
- Medication management
- Access to rehabilitative services (speech, occupational, and physical therapy)
- Personalized nutrition planning
- Assistance with Activities of Daily Living (ADLs)

#### Now accepting direct admissions for Assisted Living, Memory Support & Rehabilitation. You do not have to be a

resident or part of our True LifeCare<sup>®</sup> program to benefit from these services.





#### CONTACT US

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