

# SKILLED NURSING & REHABILITATION



## HARBOR'S EDGE

*Whatever moves you.*

At Harbor's Edge, we provide comprehensive skilled nursing care in a restorative, luxurious setting. We are here for you—whether you need ongoing long-term care, or are seeking short-term assistance after an injury, illness or hospital stay. Our trusted physical, occupational and speech therapists will design a customized care plan to help you get back on your feet more quickly.



## TRUSTED CARE, CLOSE TO HOME

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We know that finding the right rehabilitation center can be challenging, but when you discover Harbor's Edge Skilled Nursing and Rehabilitation facility, you'll know you're in the right place. We accept patients discharged from the hospital, as well as patients with more comprehensive skilled nursing needs. With comfortable deluxe rooms and specially trained staff, you'll receive the therapy and one-on-one care you need to recover—all while staying close to your own home.

# SKILLED NURSING & REHABILITATION SERVICES

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We create individualized care plans for every patient, so you can count on exceptional care as well as peace of mind.

- One-on-one physical, occupational, and/or speech therapy with licensed therapists and nurses
- Rehabilitation gym with state-of-the-art equipment
- Fall prevention
- Pain Management
- Strengthening activities
- Participating provider for Medicare, Tricare, Anthem Blue Cross, AARP and many other insurances
- Social worker to help with your needs upon discharge



# LUXURY ACCOMMODATIONS & AMENITIES

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Harbor's Edge offers five-star service for all levels of care, starting with bright, comfortable and spacious accommodations.

- All private rooms with cable and Wi-Fi
- Garden terrace with garden beds and views of the Elizabeth River
- Three delicious meals daily, multiple choices available
- Beauty salon and nail care services
- Housekeeping and laundry services
- 24-hour security
- Daily activities
- Theater room
- Library

ACCEPTING DIRECT ADMISSIONS

*Harbor's Edge accepts direct admissions for*

REHABILITATION,  
ASSISTED LIVING &  
MEMORY SUPPORT.

You *do not* have to be a resident or part of our True LifeCare® program to benefit from these services.





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## CONTACT US

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